



prospectus

COUNSELLING DIPLOMA



www.deliverance4me.org

training@deliverance4me.org



DELIVERANCE HUB CHRISTIAN COUNSELLING DIPLOMA PROSPECTUS

Duration: 24 Months

Pre-requisites: None

Presenter: Adele Vrey

Mode: Online / Distance Learning

Award: Diploma of Completion (Non-Accredited)

NQF: Level 4

Credits: 240

Assessment: assignments, case studies and portfolio of evidence

PROGRAM OVERVIEW

This program develops and equips Christian counsellors and deliverance ministers to work responsibly, ethically, and biblically with individuals seeking help for spiritual, emotional, relational, and life challenges. The curriculum is built around three core pillars: Biblical Counselling, Diagnostics (Body, Soul and Spirit), and Discipleship.

Throughout Years 1 and 2, students will participate in practical skills training covering active listening, reflective listening, empathy, questioning techniques, rapport building, counselling documentation, crisis conversations, and case formulation.

YEAR 1 – FOUNDATIONS OF CHRISTIAN COUNSELLING

MODULE 1: INTRODUCTION TO CHRISTIAN COUNSELLING

- Biblical counselling
- Accreditation and non-accredited training
- Counselling pathways
- Building a counselling ministry

MODULE 2: PROFESSIONAL DEVELOPMENT OF THE CHRISTIAN COUNSELLOR

- Registration options
- Ethics
- Confidentiality
- Scope of practice
- Legal responsibilities
- Record keeping



MODULE 3: CHARACTER FORMATION OF THE COUNSELLOR

- Biblical qualifications / characteristics
- Assertiveness
- Boundaries
- Self-care
- Burnout prevention
- Accountability

MODULE 4: SPIRITUAL DEVELOPMENT AND PERSONAL DISCIPLESHIP

- Bible study
- Prayer
- Hearing God's voice
- Gifts and fruit of the Spirit
- Discernment

MODULE 5: UNDERSTANDING PEOPLE

- Human behaviour
- Personality
- Attachment
- Communication
- Conflict
- Family systems

MODULE 6: UNDERSTANDING CLIENT TYPES

- Validation seekers
- Quick-fix seekers
- Victim mentality
- Dependency patterns
- Spiritual bypassing
- Crisis clients

YEAR 2 – ADVANCED COUNSELLING, DIAGNOSTICS AND DELIVERANCE

MODULE 7: DIAGNOSTICS – BODY, SOUL AND SPIRIT

- Differential assessment
- Physical causes
- Psychological causes
- Spiritual causes
- Substance abuse
- Referral pathways



MODULE 8: TRAUMA AND ROOT CAUSES

- Childhood trauma
- Sexual abuse
- Rejection
- Abandonment
- Shame
- Fear
- Occult involvement

MODULE 9: COUNSELLING PROCESS AND INTERVENTION

- Intake forms
- Goal setting
- Homework assignments
- Session structure
- Progress reports
- Termination planning

MODULE 10: DELIVERANCE MINISTRY

- Authority in Christ
- Open doors
- Symptoms of demonic influence
- Deliverance process
- Aftercare
- Discipleship

MODULE 11: COMPLEX CASES

- Addiction
- Self-harm
- Suicide risk
- Domestic violence
- Narcissistic abuse
- Psychosis
- DID overview

MODULE 12: PRACTICUM

- Observed counselling hours
- Supervised sessions
- Case studies
- Portfolio of evidence
- Final assessment



TRAINING HOURS

- Over 65 hours of training
- Over 33 hours of LIVE online sessions
- Case Studies
- Dedicated Counselling Student Support WhatsApp group

TRAINING BREAKDOWN

Training will take place on a four week breakdown:

- Week 1: training video and PDF Notes
- Week 2: training video and PDF Notes
- Week 3: Training video and PDF Notes
- Week 4: LIVE discussion (recorded) - include discussions about case studies, mock sessions, intake interviews, diagnostic exercises. etc.

PRACTICAL SKILLS

- Active listening
- Case formulation
- Goal Setting
- Deliverance preparation
- Referral decisions
- Crisis Management

SUGGESTED READING LIST

- Gary Collins – Christian Counseling
- Larry Crabb – Effective Biblical Counseling
- Henry Cloud & John Townsend – Boundaries
- Peter Scazzero – Emotionally Healthy Spirituality
- Wayne Grudem – Systematic Theology
- Bessel van der Kolk – The Body Keeps the Score
- David Seamands – Healing for Damaged Emotions
- Derek Prince – They Shall Expel Demons
- Adele Vrey - Open doors

COST BREAKDOWN

Total cost for 24 month course:	R16 800	\$ 1030
Once off Payment:	R13 440	\$ 824 [no registration cost]
Registration:	R 300	\$ 19
Down payment 3 months:	R 5 600 X 3	\$ 344 X 3
Down payment 6 months:	R 2 800 X 6	\$ 172 X 6
Down payment 12 months:	R 1 400 X 12	\$ 86 X 12
Down Payment 18 months:	R 930 X 18	\$ 58 X 18
Down payment 24 months:	R 700 X 24	\$ 43 X 24

*Please note that the US Dollar amount is based on the exchange rate at the time of publication. The actual amount charged may be slightly higher or lower depending on the exchange rate and applicable fees at the time payment is processed.

Students who have successfully completed training through Deliverance HUB and hold a Deliverance Certificate, DID Certificate, or Survivor Support Certificate may qualify for discount credits toward the Counselling Diploma.

This program has been intentionally structured over a period of 24 months to allow for meaningful learning, practical application, and personal development. Although students may choose to pay the program fee upfront, training material will be released weekly throughout the duration of the course.

This approach promotes consistent learning, prevents information overload, and allows students adequate time to absorb and apply the material before progressing to more advanced topics. It also encourages continuity, accountability, and the gradual development of counselling skills over time.

As part of the diploma, students will be required to complete practical counselling activities, assignments, case studies, and a portfolio of evidence. The extended format provides students with the opportunity to gain real-world experience, develop confidence in their counselling abilities, receive ongoing supervision and feedback, and demonstrate sustained growth in knowledge, character, and ministry effectiveness. The goal is not merely to transfer information, but to equip competent Christian counsellors who have had sufficient time to integrate theory, practical skills, biblical principles, diagnostics, and discipleship into their ministry and counselling practice.

PRESENTER: ADELE VREY

Adele Vrey is the CEO and founder of Deliverance HUB, a South African non-profit organization dedicated to equipping believers, supporting survivors, and restoring individuals to their identity in Jesus Christ.

Adele's journey is one of remarkable transformation. Having been involved in Satanism for the first nineteen years of her life, a life-changing encounter with God radically altered the course of her future. Since then, she has dedicated more than three decades to Christian ministry, discipleship, counselling, and deliverance work, bringing hope and practical support to individuals facing some of life's most difficult challenges.

Her experience includes more than 1,000 counselling hours, crisis intervention, counselling training, trauma support, deliverance ministry, and the development and supervision of counselling teams. Adele has also worked alongside law enforcement, community leaders, churches, and ministry networks in matters involving trauma, abuse, occult involvement, family crises, and complex pastoral care situations.

A recognized speaker, author, counsellor, and trainer, Adele is known for her practical approach to ministry and her commitment to integrating biblical truth with responsible counselling practices.

Her teaching emphasizes the importance of accurate diagnostics, helping counsellors distinguish between physical, emotional, psychological, and spiritual factors when assisting clients.

As the lead presenter of the Deliverance HUB Christian Counselling Diploma, Adele brings a unique combination of personal testimony, ministry experience, counselling expertise, and leadership development. Her vision is to equip a new generation of Christian counsellors who are grounded in Scripture, skilled in practical counselling, and committed to helping others find lasting freedom through Jesus Christ.

OTHER COURSES BY DELIVERANCE HUB

- S.W.A.T - Spiritual Warrior Assistance & Training One Year Course
- Deliverance 12 Week Course
- Demonology 12 Week Course
- DID - Dissociative Identity Disorder 12 Week Course
- Survivor Support Training 12 Week Course

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Riaan Swiegelaar
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